EXTENDED REPORT

Long-term safety of rituximab in rheumatoid arthritis: 9.5-year follow-up of the global clinical trial programme with a focus on adverse events of interest in RA patients

Ronald F van Vollenhoven,1 Paul Emery,2 Clifton O Bingham III,3 Edward C Keystone,4 Roy M Fleischmann,5 Daniel E Furst,6 Nicola Tyson,7 Neil Collinson,7 Patricia B Lehane7

ABSTRACT

Objectives Evaluation of long-term safety of rituximab in rheumatoid arthritis (RA).

Methods Pooled observed case analysis of data from patients with moderate-to-severe, active RA treated with rituximab in a global clinical trial programme.

Results As of September 2010, 3194 patients had received up to 17 rituximab courses over 9.5 years (11 962 patient-years). Of these, 627 had >5 years’ follow-up (4418 patient-years). A pooled placebo population (n=818) (placebo + methotrexate (MTX)) was also analysed. Serious adverse event and infection rates generally remained stable over time and multiple courses. The overall serious infection event (SIE) rate was 3.94/100 patient-years (3.26/100 patient-years in patients observed for >5 years) and was comparable with placebo+MTX (3.79/100 patient-years). Serious opportunistic infections were rare. Overall, 22.4% (n=717) of rituximab-treated patients developed low immunoglobulin (Ig)M and 3.5% (n=112) low IgG levels for ≥4 months after ≥1 course. SIE rates were similar before and during/after development of low Ig levels; however, in patients with low IgG, rates were higher than in patients who never developed low IgG. Rates of myocardial infarction and stroke were consistent with rates in the general RA population. No increased risk of malignancy over time was observed.

Conclusions This analysis demonstrates that rituximab remains generally well tolerated over time and multiple courses, with a safety profile consistent with published data and clinical trial experience. Overall, the findings indicate that there was no evidence of an increased safety risk or increased reporting rates of any types of adverse events with prolonged exposure to rituximab during the 9.5 years of observation.

INTRODUCTION

Rheumatoid arthritis (RA) is associated with an increased risk of serious infection events (SIE),1 lymphomas2 and with increased death rates due to cardiovascular disease.3 Biological disease-modifying antirheumatic drugs (DMARDs), including tumour necrosis factor (TNF) inhibitors, may further increase the risk of SIE and malignancies.1 4–7 Continual monitoring of long-term safety of patients receiving biological therapies is therefore of paramount importance.

B cell-targeted therapy using the anti-CD20 monoclonal antibody rituximab is an effective treatment for RA. In combination with methotrexate (MTX), rituximab improves the signs and symptoms of RA and slows joint damage progression.5–15 Data from eight randomised, placebo-controlled trials in patients with moderately to severely active RA demonstrated that the overall rates of adverse events (AEs) and serious AEs (SAEs), including SIE, were similar to those observed with placebo+MTX.8–11 13–16 Long-term follow-up of patients in these trials indicated that rituximab remained well tolerated over time and multiple courses.17 These data are encouraging; however, the safety of repeated peripheral B cell depletion, in particular regarding the potential cumulative risk of SIE and malignancies, remains to be fully established.

This analysis further evaluated the long-term safety of rituximab to determine the consequences of repeat treatment with a peripheral B cell depleting therapy over many years. We focused on specific AEs that could potentially be attributed to the immunological effects of peripheral B cell depletion as well as on AEs of special interest in RA patients. The current analysis involves a larger number of patients than previously reported (>3000 patients with nearly 12 000 patient-years of observation), including a substantial number of patients treated for >5 years.

MATERIALS AND METHODS

Studies and analysis

This was a pooled observed case analysis of safety data of patients with moderate-to-severe, active RA treated with rituximab in combination with MTX in a global clinical trial programme (eight randomised trials and two long-term, open-label extensions). Trials included in the ‘All Exposure’ analysis are shown in online supplementary figure S1. Eligibility criteria and study designs have been published previously.5–16 Each rituximab course consisted of intravenous infusions of either 2×1000 mg or 2×500 mg given 2 weeks apart. Prior to each infusion, all patients received intravenous methylprednisolone 100 mg; most patients also received acetaminophen and an antihistamine. Repeat treatment was based on the physician’s
decided clinical need and included evidence of active disease (either swollen joint count and tender joint count ≥8 or disease activity score in 28 joints–erythrocyte sedimentation rate ≥2.6). Patients received concomitant MTX 10–25 mg/week at a stable dose. Background oral corticosteroids and non-steroidal anti-inflammatory drugs were also permitted.

**Safety assessments**

Safety assessments were conducted as previously reported. Patients were followed for the study period and for 1 year after completion or withdrawal. Patients who remained B cell depleted after this time were followed until peripheral B cells returned to lower limit of normal or baseline, whichever occurred earlier. All AEs were captured for the first month in safety follow-up periods, after which time only SAEs and all infection events were collected. Original reported terms were assigned preferred terms using the Medical Dictionary for Regulatory Activities (MedDRA), V.13.1. All potential malignant events (identified by the wide, malignant or unspecified tumours standard MedDRA query (SMQ)), were medically reviewed by the Sponsor to confirm actual malignancies (evidenced by reported histology and information from investigational sites). AEs classified as infections included all preferred terms of the ‘Infections and Infestations’ System Organ Class (SOC) and an additional nine terms from other MedDRA SOCs that could be considered to be due to underlying infection. SIE were defined as infections reported as an SAE or which required treatment with intravenous anti-infectives.

**Data analysis**

The analysis populations consisted of the All Exposure population (all patients exposed to at least one or part of one rituximab infusion, regardless of dose), the 5-year population (a subset of the All Exposure population with >5 years’ follow-up) and the pooled placebo population (all patients who received placebo during placebo-controlled study periods and patients who initially received placebo but were subsequently treated with rituximab (placebo-switch patients)) (placebo+MTX). For placebo-switch patients, safety data were included in the placebo+MTX population up to the time of first rituximab exposure; thereafter, the data were included in the rituximab-treated population. The All Exposure population included patients who had never received prior MTX treatment, DMARD-inadequate responders and inadequate responders to prior TNF inhibitors and/or other biologicals (primarily anakinra). TNF inhibitor/biological-inadequate responders comprised 40% of the All Exposure population.

**RESULTS**

**Duration of exposure**

As of September 2010, 3194 patients had been treated with up to 17 courses of rituximab for up to 9.5 years, providing 11 962 patient-years of observation in the All Exposure population. Of patients exposed to rituximab, 1958 had been followed for >5 years and 627 for >7 years. All patients received at least one treatment course; 2428, 1759, 1451, 1154 and 849 patients received ≥2, ≥3, ≥4, ≥5 and ≥6 courses, respectively (see online supplementary figure S2). The greatest number of withdrawals occurred following the first two courses (962 patients (30%)), principally for non-safety reasons and because two studies limited patients to receive one or two courses per protocol. Across the trials, there was a normal expected drop-out rate (1%–15%) for subsequent courses. Overall, withdrawals due to AEs were infrequent (190 patients). Most withdrawals were attributed to ‘other’ reasons which included insufficient therapeutic response, failure to return, violation of selection criteria at entry, other protocol violation, refused treatment/did not cooperate, withdrew consent, administrative/other (including patient entry to extension protocols), lost to follow-up, physician’s decision to withdraw and pregnancy. Of those patients who remained in the study, there were very little data that were not recorded and of the data that were missing, they were missing at random.

The placebo+MTX population included 818 patients (1107 patient-years) with a substantially shorter mean duration of follow-up (>50% withdrew from placebo follow-up by 1 year and 95% by 3 years). Differences in patient numbers and duration of follow-up should be considered during interpretation of data.

**Baseline demographics and disease characteristics**

Most patients were female subjects with a mean age of approximately 51 years. Patients had received an average of two previous DMARDs (excluding MTX). Baseline demographics and disease characteristics were comparable across the analysis populations (table 1) except for a longer mean RA disease duration and a greater number of previous DMARDs in the 5-year population (table 1).

**AEs and SAEs**

Overall rates of AEs and SAEs were comparable in the All Exposure (including the 5-year population) and placebo+MTX populations (table 2). AE rates were the highest during the 6 months after first rituximab exposure (owing in part to infusion-related reactions (IRRs)) and generally remained stable thereafter, irrespective of number of courses received (data not shown). The most common AE was IRR; most were common terminology criteria (CTC) grade 1 or 2 and were rarely serious, with the majority occurring at first infusion of the first course (754/3194 patients; 23.0%). The frequency, type and intensity

<table>
<thead>
<tr>
<th>Table 1 Patient characteristics at baseline*</th>
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<tbody>
<tr>
<td>Rituximab + MTX</td>
</tr>
<tr>
<td>All Exposure</td>
</tr>
<tr>
<td>Age (years)</td>
</tr>
<tr>
<td>Female (%)</td>
</tr>
<tr>
<td>Disease duration (years)</td>
</tr>
<tr>
<td>Swollen joint count</td>
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<tr>
<td>Tender joint count</td>
</tr>
<tr>
<td>CRP (mg/dl)</td>
</tr>
<tr>
<td>ESR (mm/h)</td>
</tr>
<tr>
<td>DAS28-ESR</td>
</tr>
<tr>
<td>RF-positive (%)</td>
</tr>
<tr>
<td>Number of previous biologicals or DMARDs</td>
</tr>
<tr>
<td>Number of previous biologicals</td>
</tr>
<tr>
<td>Baseline concomitant corticosteroids (%)</td>
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</table>

*Baseline characteristics were the observed mean values of the original baseline, where original baseline was the screening or baseline visit in the patient’s original study.

1Excluding MTX.

CRP, C reactive protein; DAS28, disease activity score in 28 joints; DMARD, disease-modifying antirheumatic drug; ESR, erythrocyte sedimentation rate; MTX, methotrexate; RF, rheumatoid factor.
of IRRs and other AEs were consistent with that previously reported.17 Serious IRRs were rare and included anaphylactic or anaphylactoid reactions, drug hypersensitivity and angioedema. Overall, 19 events were reported in 17 (0.5%) patients, of which 10 occurred during the first infusion of Course 1. No serious IRRs occurred beyond Course 6. SAEs most commonly observed in the All Exposure population were RA exacerbation (n=76; 2%), pneumonia (n=59; 2%), fall (n=55; 2%) and osteoarthritis (n=49; 2%). Withdrawals due to AEs were infrequent (n=190; 6%), the most common cause being RA disease activity (n=44; 1.4%), neoplasms (n=41; 1.5%), IRRs (n=40; 1.5%), infections and infestations (n=29; 0.9%), respiratory disorders (n=16; 0.5%) and cardiac disorders (n=9; 0.3%).

Deaths

There were 61 deaths in the All Exposure (0.51/100 patient-years (95% CI 0.40 to 0.66)) and seven in the placebo+MTX population (0.65/100 patient-years (95% CI 0.50 to 1.35)). Causes of death varied and were typical for a population with active RA. In rituximab-treated patients, primary causes of death included infection (n=14), cardiovascular events (n=15), malignancies (n=11) and respiratory disorders (n=5). In placebo patients, deaths were attributed to cardiovascular events (n=3), infection (n=2) and gastrointestinal disorders (n=2). Incidence of death did not appear to increase with cumulative exposure to rituximab and there were no inflation-related deaths. Death rates were consistent with the previous analysis17 and with the rate expected in an age- and sex-matched general US population.18

Infections

SIE rates in both the All Exposure and 5-year populations were comparable with that observed in the placebo+MTX population (table 2). Infection rates generally remained stable over time (figure 1A,B) and multiple treatment courses. The most commonly reported infections (>5% patients) in rituximab patients were upper respiratory tract infections, nasopharyngitis, urinary tract infections, bronchitis, sinusitis, diarrhoea, influenza and gastroenteritis, while the most frequent SIE was lower respiratory tract infection, predominantly pneumonia (2%). There was no increase in SIE rates among patients who received subsequent biological therapy (including TNF inhibitors) following rituximab treatment (table 3). SIE rates were also similar (4.25 (95% CI 1.91 to 9.4) vs 4.21 (95% CI 2.35 to 7.60) patient-years) in patients who received their biologic <6 months (n=90) and ≥6 months (n=224) after last rituximab dose. A proportion of these patients (194/514, 62%) had CD19+ cell counts <20 cells/μl prior to their subsequent biologic; the SIE rate post-biologic in these patients was 5.55/100 patient-years (95% CI 3.28 to 8.74).

Infections of special interest

Serious opportunistic infections were rare, with seven events reported in the All Exposure population (two cases of atypical pneumonia (no organisms isolated) and one case each of Candida septicaemia, pharyngeal abscess (organism unspecified), Scedosporium lung infection, Pneumocystis jirovecii pneumonia and progressive multifocal leuкоencephalopathy (PML) with fatal outcome19), and one event in the placebo+MTX population (P jirovecii pneumonia), corresponding to rates of 0.06/100 patient-years and 0.09/100 patient-years, respectively. Two cases of pulmonary tuberculosis (TB), both treated with anti-TB medication, occurred in the All Exposure population; no cases of extra-pulmonary TB, atypical mycobacterial infection or multidrug-resistant TB were observed. No cases of hepatitis B reactivation occurred in the All Exposure population. A single case of de novo hepatitis B infection occurred in a 59-year-old female patient following a dental procedure, as reported previously.11 In the All Exposure population, 105 AEs of herpes zoster were reported in 100 patients, including two cases of ophthalmic herpes zoster and five SAEs. In the placebo+MTX population, 15 events of herpes zoster were reported. Among patients with herpes zoster, 75% were receiving concomitant oral corticosteroids that were ongoing prior to or that had started on the same day as the AE. Rates of herpes zoster (9.0/1000 patient-years) were comparable with the placebo+MTX (11.7/1000 patient-years) and general RA populations (11.5/1000 patient-years).20

Infection risk in patients with low Ig levels

Immunoglobulins (Igs) were generally measured every 8–16 weeks. Analysis was performed to assess the rates of all infections and SIE in patients before and after a low (<lower limit of normal) IgG or IgM level for at least a 4-month period (or two consecutive clinical study visits) following treatment with rituximab. Low Ig levels at baseline screening (IgG <5.65 and IgM <0.55 mg/ml) were exclusion criteria for trial entry. Overall, 22.4% (n=717) of rituximab-treated patients developed low IgM or IgG (3.5%; n=5). SIE rates of IgA were limited by the small sample size. No increases in overall infection rates were observed in patients during/after development of low IgM or IgG (table 4). For IgG, SIE rates were similar before and during/after low IgG, but both rates were significantly higher than in patients who never developed low IgG. At baseline these patients were on average older, had longer disease duration, lower mean CD19+ count, lower mean IgG levels (8.4 vs 13.2 mg/ml) and had received more nonbiological DMARDs. Baseline oral steroid use was similar across subgroups. For IgM, SIE rates were not significantly higher during/after low IgM versus before low IgM, and were similar to rates in patients who never developed low IgM. In patients
with low IgM/IgG, the SIE profile was consistent with the All Exposure population. Analysis of SIE onset relative to the timing of low Ig was limited due to discrete protocol-defined time points for Ig assessments; in addition, low patient numbers in some subgroups and the lack of a placebo comparator further restricted Ig analysis.

**Cardiac events**

Myocardial infarction (MI) was the most common serious cardiac event in the All Exposure population (49 events in 42 patients; 1.5%). The event rate was 0.41/100 patient-years (95% CI 0.31 to 0.54) versus 0.27/100 patient-years (95% CI 0.09 to 0.84) in the placebo+MTX population. As previously reported,17 most patients experiencing MI had at least one conventional risk factor. The rate of stroke in the All Exposure population was 0.18/100 patient-years (95% CI 0.05 to 0.72) in the placebo+MTX population.

**Malignancies**

The rate of all malignant and unspecified tumours and non-melanoma skin cancers (NMSC) in the All Exposure population was 1.32/100 patient-years (95% CI 1.13 to 1.54) versus 1.17/100 patient-years (95% CI 0.68 to 2.02) in the placebo+MTX population. The rate of serious malignancies (SAEs as reported by the investigator) was 0.74/100 and 0.81/100 patient-years in the All Exposure and placebo+MTX populations, respectively. NMSC represented approximately a third of reported events; however, as NMSC is not generally reported to cancer surveillance databases these events were excluded in the evaluation of overall malignancy rate. There were 83 confirmed malignancies identified by the Sponsor medical review (from a total of 158 events captured by the MedDRA SMQ) in the All Exposure population, excluding duplications, NMSC and non-malignant (benign) events, providing a malignancy incidence rate (any site) of 0.69/100 patient-years (95% CI 0.56 to 0.86). For solid tumours, the most frequently reported malignancy was breast cancer (table 5). Rituximab-treated patients did not have an increased rate of any malignancy compared with other patients with RA in observational studies.21 22 There was no evidence of an increased risk of malignancy with cumulative exposure to rituximab as malignancy rates did not increase with number of courses or over time. Furthermore, no increased risk of malignancy for rituximab-treated patients was indicated when comparing the age- and sex-matched standardised incidence ratios for all confirmed malignancies and breast cancer with the general US population Surveillance Epidemiology and End Results (SEER) database,23 and with published data in adults with RA24 (table 5).

**DISCUSSION**

This report presents safety data from the global rituximab RA clinical trial programme in 5194 patients with 11 962 patient-years of follow-up. Compared with a previous analysis,12 this represents almost 7000 additional patient-years of follow-up with 20% more patients, and includes a placebo+MTX population for comparison. The inclusion of 627 patients with >5 years of observation, with some patients having received up to 17 rituximab courses over 9.5 years of observation, affords a high level of confidence in the data and increases the probability of detecting common and infrequent safety risks compared with previous studies.12 17 AE and SAE rates generally remained stable over time and over multiple courses, and the most common SAEs in the All Exposure population were typical of biological-treated RA patients.25 26 The overall SIE rate (3.94/100 patient-years) was within the range reported (3.0 to 5.2/100 patient-years) for long-term follow-up with other RA biologics.6 25–27 These observations are consistent with controlled rituximab trials10 11 and a meta-analysis of randomised controlled trials that did not identify a significant increase in SIE risk during rituximab treatment.28 Opportunistic infections were rare. No further cases of PML in the RA clinical trial programme have been reported other than the single case previously described.19 The occurrence of confirmed PML from spontaneous reporting and clinical trial sources remains very rare (six confirmed cases in

**Table 3  SIE rate before and after treatment with subsequent biologics, including TNF inhibitors**

<table>
<thead>
<tr>
<th></th>
<th>All patients receiving any biologic following rituximab treatment (n=314)</th>
<th>Subset of patients receiving a TNF inhibitor following rituximab treatment (n=258)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Before other biologic</td>
<td>After other biologic</td>
</tr>
<tr>
<td>Total exposure (pt-years)</td>
<td>503.77</td>
<td>402.50</td>
</tr>
<tr>
<td>SIEs, n</td>
<td>26</td>
<td>17</td>
</tr>
<tr>
<td>SIEs/100 pt-years (95% CI)</td>
<td>5.16 (3.51 to 7.58)</td>
<td>4.22 (2.63 to 6.79)</td>
</tr>
</tbody>
</table>

pt-year, patient-year; SIE, serious infection event; TNF, tumour necrosis factor.
estimated 188 228 RA patients treated with rituximab, as of November 2011 (Roche data on file). Herpes zoster rates were consistent with placebo+MTX and general RA populations.20

Decreases in Ig levels were observed in some patients following rituximab treatment although the clinical consequences of this are unclear. Analysis of registry data has previously shown that a low IgG level (<6 g/l) before rituximab treatment was associated with an increased risk of SIE.29 Low baseline IgG was an exclusion criterion in the RA clinical trials and therefore this observation could not be confirmed or refuted. Following rituximab treatment, low Ig concentrations (particularly IgM) were observed in some patients. Patients with low IgM had no increased risk of infections or SIE.29 Low baseline IgG is more consistent with placebo+MTX and general RA populations.20

Cardiovascular disease may also be a contributing factor.32 The MI rate reported for rituximab-treated patients is consistent with epidemiological data from a general RA population receiving TNF inhibitors or DMARDs (0.48 to 0.59/100 patient-years)31 33 and there was no evidence to suggest an increased risk of MI associated with rituximab treatment. The rate of stroke was also consistent with published data in RA patients.31 34

As might be expected in a predominantly female study population with a mean age of 51 years, the most common solid tumour was breast cancer. Age- and sex-matched standardised incidence ratios for all confirmed malignancies and breast cancer did not indicate an increased risk of malignancy for rituximab-treated RA patients compared with the general US population (SEER database)23 and with published data in adults with RA.21 22 24 35

The rate of fatal AEs remained consistent through the observation period and there was no evidence of an increased rate of any type of fatal event with prolonged rituximab exposure. The overall death rate observed in the rituximab RA clinical development programme was within the expected range for patients receiving a biological therapy36 and leading causes of death were also consistent with those expected in such a population.

The analysis has potential limitations. Data were pooled from diverse studies in which rituximab doses, retreatment regimens and prior or active disease status could differ. Notably,

Table 4 Summary of infections in patients with IgG/IgM < LLN for at least 4 months

<table>
<thead>
<tr>
<th>Patients with IgG&lt;LLN*</th>
<th>Patients with IgM&lt;LLN*</th>
</tr>
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<tbody>
<tr>
<td><strong>Before &lt;LLN</strong> (n=112)</td>
<td><strong>Before &lt;LLN</strong> (n=711)</td>
</tr>
<tr>
<td><strong>During/after &lt;LLN</strong> (n=112)</td>
<td><strong>During/after &lt;LLN</strong> (n=711)</td>
</tr>
<tr>
<td><strong>Never &lt;LLN</strong> (n=3082)</td>
<td><strong>Never &lt;LLN</strong> (n=2477)</td>
</tr>
<tr>
<td>Total pt-years</td>
<td>223</td>
</tr>
<tr>
<td>Infections, n</td>
<td>325</td>
</tr>
<tr>
<td>Infections/100 pt-years (95% CI)</td>
<td>146 (131 to 162)</td>
</tr>
<tr>
<td>SIEs, n</td>
<td>18</td>
</tr>
<tr>
<td>SIEs/100 pt-years (95% CI)</td>
<td>8.06 (5.08 to 12.80)</td>
</tr>
</tbody>
</table>

*Below LLN for ≥4 months. LLN of Ig levels varied according to the central laboratory used and depended on various patient-related factors (such as age and gender). ‘Before’ refers to patient follow-up after rituximab treatment but prior to Ig levels falling below LLN. ‘During/after’ refers to follow-up once Ig levels have fallen below LLN. Ig, immunoglobulin; LLN, lower limit of normal; pt-year, patient-year; SIE, serious infection event.

Table 5 Rate of malignancy and standardised incidence ratio for malignancy in the rituximab All Exposure population and published data in adults with RA

<table>
<thead>
<tr>
<th>Rate (per 100 pt-years)</th>
<th>Any site*</th>
<th>Breast†</th>
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</thead>
<tbody>
<tr>
<td>All Exposure population (95% CI)</td>
<td>0.69 (0.55 to 0.86)</td>
<td>0.12 (0.06 to 0.20)</td>
</tr>
<tr>
<td>RA observational studies</td>
<td></td>
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<tr>
<td>Danish Cancer Registry‡</td>
<td>1.17</td>
<td>0.13</td>
</tr>
<tr>
<td>National Databank for Rheumatic Diseases§</td>
<td>1.30</td>
<td>0.21</td>
</tr>
<tr>
<td>Standardised incidence ratio</td>
<td>Malignancy incidence in All Exposure population† (95% CI)</td>
<td>0.99 (0.79 to 1.23)</td>
</tr>
<tr>
<td>Meta-analysis of malignancy incidence in adult RA patients** (95% CI)</td>
<td>1.05 (1.01 to 1.09)</td>
<td>0.84 (0.79 to 0.90)</td>
</tr>
</tbody>
</table>

*Excluding non-melanoma skin cancer and non-malignant events.
†Only female patients.
‡Mellemkjaer et al.21
§Wolfe and Michaud.22
††Surveillance Epidemiology and End Results database23 was used to obtain age- and sex-specific incidence ratio of malignancies for the US general population for standardised incidence ratio calculations (data were accessed in February 2011).
**Smitten et al.24
†††pt-year, patient-year; RA, rheumatoid arthritis.

Clinical and epidemiological research
two of the studies limited patients to receive one or two rituxi-
mab courses, thus reducing the overall number of patients
receiving higher numbers of courses. In addition, clinical trial
data are heavily influenced by the fact that patients are selected
to baseline to exclude significant comorbidities, and only those
who did well clinically remained in the study. Finally, the mean
observation period of patients in the placebo+MTX population
was considerably shorter than that of patients in the All
Exposure population, and this should be borne in mind when
making comparisons. Notwithstanding these limitations, the
key strength of this analysis is the long observation and
follow-up period in a population of patients with active RA,
which included frequent assessments, including those per-
formed after study withdrawal or completion (minimum
1 year) and during extended periods of peripheral B cell deple-
tion. In addition, the overall number of patients withdrawing
due to AEs was low (6% in total).

In summary, evidence from the RA clinical trial data of up to
9.5 years of follow-up of 3194 patients treated with rituximab,
including a substantial number of patients with >5 years’
observation, revealed no new safety signals. Rituximab has
remained generally well tolerated over time and over multiple
courses, with a safety profile consistent with published data of
patients with moderate-to-severe RA. These findings also indi-
cate that repeated peripheral B cell depletion with rituximab
did not give rise to any increased safety risk over time or
increased reporting rates of any types of AEs (including infec-
tions, cardiovascular events, malignancies or fatal AEs) in the
global RA clinical trial programme. Overall, these results are
encouraging and should provide clinicians with reassurance
regarding the long-term safety of rituximab in RA.

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Contributors All authors contributed to the interpretation of the data, drafting and/
or revising the manuscript for intellectual content and approved the final version of
the manuscript.

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Ethics approval The study was conducted in full accordance with the ethical
principles of the Declaration of Helsinki or with the laws and regulations of the
country in which the research was conducted, whichever afforded greater protection
to the individual. The study adhered to the principles outlined in the ICH Guideline for
Good Clinical Practice. All participating sites received approval from their institutional
review board/Ethics Committee (or equivalent), and all patients provided written
informed consent prior to participation in the study.

Competing interests RFvV has received grants, consultancy fees and payments for
lectures from Abbott, GSK, MSD, Pfizer, Roche and UCB. PE has received grants from
Roche and consultancy fees/honoraria from Pfizer, Merck, Abbott, UCB, Roche and
Novartis. CD8 has received grants and consulting fees/honoraria from Genentech,
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consultancy fees and support for travel to meetings from Amgen, UCB and Bristol-
Myers Squibb, and is a Board member of Arthritis Foundation. NT is an employee of
and owns stock in Roche. NC and PBL are both employees of Roche.

Provenance and peer review Not commissioned; externally peer reviewed.

Data sharing statement No additional data are available.

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Long-term safety of rituximab in rheumatoid arthritis: 9.5-year follow-up of the global clinical trial programme with a focus on adverse events of interest in RA patients

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